

5. Distance:

All relays are 4 x 25metres.

6. Team Lists

(a) Before the commencement of each round a signed statement showing the names with dates of birth of swimmers, and certifying conformity with the conditions, must be handed to the Organiser by a representative of the School.

(b) Substitution of reserves is permitted between each round of the Championships but the names and dates of birth must be included in the signed statement in 6(a) above.

7. Diving:

Diving will **NOT** be allowed in the shallow end of the pool in the County or SE Division Round; swimmers on the 2nd & 4th legs must start in the water.

Schools should take note of the Relay takeover information at the end of these conditions when swimming in their County and SE Division Round.

8. Awards and Control:

Each County will be responsible for the control of their Gala and presentations.

9. SE Divisional Round:

The top two schools representing each county of the SE Division in the County Round in each event will qualify to represent their County at the SE Division Round. In addition, a number of next fastest teams from the consolidated results of all county round galas will be selected to fill available lanes making up **two** heats of **eight** lanes. Additional places may be offered at the exclusive discretion of the SE Division representative. Details of the Division Round Gala will be provided on the SE Division website (www.southeastsschoolswimming.org.uk)

10. National Finals:

The top three schools placed at the SE Round in each event will qualify to represent the SE at the National Finals. Schools qualifying for the final will be responsible for their own travel arrangements. Details of the National Finals will be provided on the English School's Swimming Association website (www.essa-schoolswimming.com)

11. Expenses:

Each competing school will be responsible for its own expenses.

12. Responsibility:

A qualified school teacher, or suitable adult as approved by the Head of the School, must accompany each team at all stages of the competition.

Any matters not addressed by these conditions will be decided at the exclusive discretion of the SE division representative, whose decision shall be final.

(changes from SE conditions for 2017-18 highlighted)

SE Schools Primary Relay takeover information.

The SE Schools Swimming Committee have agreed that no diving will be permitted at the Shallow End of the Pool (for Health & Safety reasons) in any County or SE Division Round. All events should start at the Deep end of the pool and swimmers 1 and 3 can dive as long as they have satisfied the conditions of the ASA Preliminary Start Award criteria.

In order to aid the Team Managers to prepare their teams for this event and to attempt to minimise the numbers of disqualifications in Relay take-overs, your attention is drawn to ASA Technical Rule SW 10.11 and the following Promoters Conditions.

ASA Technical Rule SW 10.11:

In relay events, the team of a swimmer whose feet lose touch with the starting platform before the preceding team-mate touches the wall shall be disqualified.

Additional SE Schools Promoters Conditions:

The rules and guidance used by SE Division for in the water takeovers is based on guidance from British Swimming:

RULE 1: For swimmers starting the race in the water (i.e. 1st leg) at least one hand of the swimmer starting in the water must remain in contact with the starting platform until the start signal is issued.

RULE 2: For relay races for swimmers starting their leg (other than 1st leg) in the water, at least one hand of the swimmer starting in the water must remain in contact with the starting platform until the incoming swimmer has completed their length and touched the end of the lane.

RULE 3: The starting platform is any of the starting block, the pool wall at the end of the lane, or a pad attached to the pool wall at the end of the lane; Where two hands are in contact, they can be with any combination of the block, wall or pad

RULE 4: No physical restraint of the outgoing swimmers (including but not limited to holding any part of the body) intended to prevent that swimmer leaving his starting position before the incoming swimmer has touched the wall shall be permitted. Any such occurrence shall result in the team being disqualified for a Foul.

Interpretation: "The team of the swimmer who has neither hand in contact with the starting platform before the preceding swimmer touches the end of the lane (before the start signal is given for 1st swimmer if starting in the water) should be disqualified."

Examples:

When the incoming swimmer touches, if the outgoing swimmer is:

- a) Holding with one hand = good takeover – No DQ
- b) Holding with two hands = good takeover – No DQ
- c) Not holding with either hand = illegal takeover – DQ

Note: The position of the feet is immaterial to the decision

Please contact your County Round organiser if you have any queries.

These relay takeover conditions apply at SE Division and all SE County rounds.