

# ESSA SUMMER OPEN CHAMPIONSHIPS



## ESSA SUMMER OPEN (INDIVIDUAL) CHAMPIONSHIPS 2019

In 2019, ESSA are holding their inaugural Summer Open Championships. It is open to all school age swimmers from 9 years old, including para swimmers.

Licensed by the ASA at Level 3 (3SE190451) – Short Course

When: Saturday 22nd & Sunday 23rd June 2019

Where: K2 Leisure Centre, Crawley, RH11 9BQ

Age Groups: 9/10, 11/12, 13/14, 15 and over.  
Ages are calculated as at 23rd June 2019

Events: 50m, 100m and 200m all strokes  
plus 100m IM, 200m IM, 400m Freestyle & IM

All events will be heat declared winners.

Para swimmers may enter the events shown in their respective classification that have qualifying times

Awards: Medals will be awarded to 1st, 2nd and 3rd in all age groups.

Entries: Accepted on first-come, first-served basis

All details and entry files available from [www.essa-schoolswimming.com](http://www.essa-schoolswimming.com) (Events | Summer Open)

This is an individual event where swimmers represent themselves. Swimmers may enter directly, through their club or through their school where the school is affiliated with the ASA. It is open to all secondary school aged swimmers, and primary school swimmers that have reached the age of 9 by the last day of the championships, including Para swimmers.

The Summer Open (Individual) Championships promoter is Stewart Nicklin - [s.nicklin@essa-schoolswimming.com](mailto:s.nicklin@essa-schoolswimming.com)