



South East School Swimming

ESSA Oxfordshire Schools: Peter Bignell, Abingdon School, Oxfordshire, OX14 1DE
Tel: 01235 849087 Email: pete.bignell@abingdon.org.uk

Sept 2019

Dear Head of Sport / Head of PE,

I trust this finds you well & apologies for the late communication. Our previous Head of Swimming left abruptly at the end of the summer term and we are endeavouring to find our feet; however I am pleased to announce that entries are now being accepted for the **9th Oxfordshire Secondary School's Relay** competition that acts as entry into the **62nd ESSA Secondary Schools Relay competition**. This year the National finals will again be held at The London Aquatic Centre on a date to be confirmed.

This is a competition for three age groups, Junior (Yrs 7 and 8), Intermediate (Yrs 9 and 10) and Senior (Yrs.11, 12 and 13).

I would like to offer your school the opportunity to compete in this years' competition. All events are 4 x 50m Freestyle and Medley Relays for both boys and girls, and the competition regulations can be found on the ESSA website via the following link: (<http://essa-schoolswimming.com/index.php/events/secondary-team-championships>)

The County round is taking place on Thursday 26th September 2019 at Abingdon School, with a 1.00pm warm up and 1.30pm start. Depending on the number of entries, to reduce the number of people on poolside the male and female events may be split with the female events first, followed by the male events. This will be confirmed in later correspondence.

The event is effectively a time trial, with all the results being forwarded to the national organiser and the top 30 schools in the country being invited to swim in the national finals.

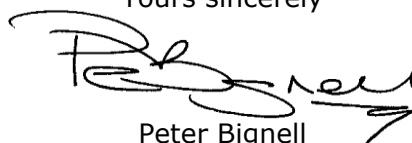
If you wish to enter your school into this competition please fill out and return the entry form by email (pete.bignell@abingdon.org.uk), whilst also sending a hard copy and entry cheque to the address on the entry form. **Entries will close on Friday 20th September at 5.00pm.** All schools will be emailed final details at the start of the following week. **Like last year I am afraid that we will only be accepting 'A team' entries.**

In addition to this letter, please also find attached an entry form. There is a £5 Divisional entry fee per race (eg Junior Boys = £10.00 for both relays) (Payable to ESSA South East Division), which covers the teams affiliation (inc. insurance) and administrative costs for the event. Final details for the divisional round will be sent to you by email a minimum of 3 days before the event. All correspondence once entries are complete will be by email.

Further details can be found on the ESSA Website: <http://www.essa-schoolswimming.com/>

Finally thank you for your support over the past three years, and we look forward to welcoming you to Abingdon School again for the 2019 event.

Yours sincerely



Peter Bignell